

RACE ANALYSIS

5000m Men - Final



5 August 2026 20:19 START TIME 28° C 38 %
TEMPERATURE HUMIDITY

PLACE		BIB	NAME												DATE OF BIRTH				RESULT	
1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m	
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m	
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m	30	3000 m	
31	3100 m	32	3200 m	33	3300 m	34	3400 m	35	3500 m	36	3600 m	37	3700 m	38	3800 m	39	3900 m	40	4000 m	
41	4100 m	42	4200 m	43	4300 m	44	4400 m	45	4500 m	46	4600 m	47	4700 m	48	4800 m	49	4900 m			

1 2075 Frankline KIBET										KEN 28 Jul 07 13:28.27									
1	16.17	2	17.33	3	18.54	4	18.86	5	16.93	6	16.55	7	16.29	8	15.89	9	16.29	10	16.32
	16.17 (12)		33.50 (17)		52.04 (17)		1:10.90 (20)		1:27.83 (15)		1:44.38 (15)		2:00.67 (14)		2:16.56 (11)		2:32.85 (11)		2:49.17 (10)
11	16.65	12	16.35	13	16.77	14	16.23	15	16.27	16	16.65	17	16.77	18	16.20	19	16.71	20	16.66
	3:05.82 (10)		3:22.17 (9)		3:38.94 (9)		3:55.17 (7)		4:11.44 (7)		4:28.09 (7)		4:44.86 (7)		5:01.06 (6)		5:17.77 (6)		5:34.43 (7)
21	16.91	22	16.63	23	16.54	24	16.88	25	16.96	26	16.83	27	16.90	28	16.70	29	17.05	30	16.29
	5:51.34 (8)		6:07.97 (5)		6:24.51 (5)		6:41.39 (6)		6:58.35 (6)		7:15.18 (6)		7:32.08 (5)		7:48.78 (6)		8:05.83 (5)		8:22.12 (6)
31	16.61	32	16.33	33	16.61	34	16.66	35	16.00	36	15.14	37	15.20	38	15.06	39	15.34	40	14.98
	8:38.73 (6)		8:55.06 (5)		9:11.67 (4)		9:28.33 (4)		9:44.33 (1)		9:59.47 (1)		10:14.67 (1)		10:29.73 (1)		10:45.07 (1)		11:00.05 (1)
41	15.10	42	15.28	43	15.47	44	14.91	45	15.13	46	15.07	47	14.77	48	14.29	49	14.36		13.84
	11:15.15 (1)		11:30.43 (1)		11:45.90 (1)		12:00.81 (1)		12:15.94 (1)		12:31.01 (1)		12:45.78 (1)		13:00.07 (1)		13:14.43 (1)		

2 2076 Nehemiah KIPNGENO										KEN 2 May 07 13:30.09									
1	16.28	2	16.99	3	18.24	4	18.58	5	17.33	6	15.88	7	16.28	8	16.32	9	16.36	10	16.44
	16.28 (16)		33.27 (14)		51.51 (11)		1:10.09 (12)		1:27.42 (11)		1:43.30 (7)		1:59.58 (8)		2:15.90 (8)		2:32.26 (6)		2:48.70 (5)
11	16.64	12	16.29	13	16.45	14	16.42	15	16.43	16	16.73	17	16.77	18	16.46	19	16.75	20	16.49
	3:05.34 (5)		3:21.63 (4)		3:38.08 (4)		3:54.50 (4)		4:10.93 (4)		4:27.66 (4)		4:44.43 (4)		5:00.89 (4)		5:17.64 (4)		5:34.13 (5)
21	17.14	22	16.97	23	16.56	24	16.98	25	16.84	26	16.78	27	16.95	28	16.55	29	17.11	30	16.28
	5:51.27 (7)		6:08.24 (7)		6:24.80 (7)		6:41.78 (8)		6:58.62 (7)		7:15.40 (7)		7:32.35 (7)		7:48.90 (7)		8:06.01 (7)		8:22.29 (7)
31	16.60	32	16.41	33	16.50	34	16.66	35	16.07	36	15.12	37	15.27	38	15.02	39	15.30	40	15.09
	8:38.89 (7)		8:55.30 (7)		9:11.80 (5)		9:28.46 (5)		9:44.53 (3)		9:59.65 (2)		10:14.92 (2)		10:29.94 (2)		10:45.24 (2)		11:00.33 (2)
41	15.08	42	15.24	43	15.48	44	14.96	45	15.07	46	15.07	47	14.81	48	14.17	49	14.67		15.21
	11:15.41 (2)		11:30.65 (2)		11:46.13 (2)		12:01.09 (2)		12:16.16 (2)		12:31.23 (2)		12:46.04 (2)		13:00.21 (2)		13:14.88 (2)		

3 1775 Damitew KEBEDE										ETH 5 May 07 13:35.38 PB									
1	16.78	2	17.01	3	18.68	4	18.59	5	17.41	6	15.41	7	16.40	8	16.35	9	16.77	10	16.26
	16.78 (22)		33.79 (21)		52.47 (21)		1:11.06 (21)		1:28.47 (22)		1:43.88 (11)		2:00.28 (11)		2:16.63 (12)		2:33.40 (13)		2:49.66 (13)
11	16.57	12	16.55	13	16.77	14	16.49	15	16.64	16	16.45	17	16.66	18	16.35	19	16.67	20	16.51
	3:06.23 (14)		3:22.78 (14)		3:39.55 (14)		3:56.04 (14)		4:12.68 (15)		4:29.13 (14)		4:45.79 (13)		5:02.14 (13)		5:18.81 (14)		5:35.32 (14)
21	16.84	22	17.07	23	16.62	24	15.97	25	16.98	26	16.72	27	16.92	28	16.57	29	17.15	30	16.33
	5:52.16 (14)		6:09.23 (15)		6:25.85 (15)		6:41.82 (9)		6:58.80 (8)		7:15.52 (8)		7:32.44 (8)		7:49.01 (8)		8:06.16 (8)		8:22.49 (8)
31	16.60	32	16.43	33	16.68	34	16.44	35	16.33	36	15.01	37	15.57	38	15.00	39	15.30	40	14.79
	8:39.09 (8)		8:55.52 (8)		9:12.20 (9)		9:28.64 (7)		9:44.97 (7)		9:59.98 (4)		10:15.55 (4)		10:30.55 (4)		10:45.85 (4)		11:00.64 (3)
41	15.04	42	15.20	43	15.50	44	15.13	45	15.47	46	15.57	47	15.48	48	15.70	49	16.00		15.65
	11:15.68 (3)		11:30.88 (3)		11:46.38 (3)		12:01.51 (3)		12:16.98 (3)		12:32.55 (3)		12:48.03 (3)		13:03.73 (3)		13:19.73 (3)		

4 1586 Willem RENDERS										BEL 7 Feb 07 13:43.41									
1	15.98	2	17.07	3	18.30	4	18.61	5	17.34	6	16.68	7	16.54	8	16.58	9	16.78	10	16.17
	15.98 (8)		33.05 (9)		51.35 (10)		1:09.96 (10)		1:27.30 (10)		1:43.98 (12)		2:00.52 (13)		2:17.10 (14)		2:33.88 (16)		2:50.05 (16)
11	16.07	12	16.53	13	16.76	14	16.29	15	16.22	16	16.49	17	16.74	18	16.14	19	16.62	20	16.44
	3:06.12 (13)		3:22.65 (13)		3:39.41 (13)		3:55.70 (12)		4:11.92 (10)		4:28.41 (9)		4:45.15 (9)		5:01.29 (8)		5:17.91 (7)		5:34.35 (6)
21	16.79	22	16.84	23	16.66	24	16.41	25	16.95	26	16.90	27	16.84	28	16.57	29	17.31	30	16.27
	5:51.14 (6)		6:07.98 (6)		6:24.64 (6)		6:41.05 (4)		6:58.00 (4)		7:14.90 (4)		7:31.74 (4)		7:48.31 (4)		8:05.62 (4)		8:21.89 (3)
31	16.70	32	16.43	33	16.82	34	16.65	35	16.53	36	15.96	37	16.00	38	15.97	39	15.77	40	15.94
	8:38.59 (5)		8:55.02 (4)		9:11.84 (6)		9:28.49 (6)		9:45.02 (8)		10:00.98 (8)		10:16.98 (7)		10:32.95 (7)		10:48.72 (7)		11:04.66 (7)
41	16.09	42	16.24	43	16.11	44	16.51	45	16.47	46	16.33	47	15.77	48	15.88	49	15.41		13.94
	11:20.75 (6)		11:36.99 (5)		11:53.10 (5)		12:09.61 (5)		12:26.08 (5)		12:42.41 (5)		12:58.18 (5)		13:14.06 (5)		13:29.47 (5)		

RACE ANALYSIS

5000m Men - Final

5 2443 Mamaru GOADIE										ETH 2 Jan 08 13:44.41									
1	16.73	2	16.63	3	18.37	4	18.75	5	17.76	6	16.01	7	16.51	8	16.41	9	16.47	10	16.06
16.73 (20)		33.36 (15)		51.73 (13)		1:10.48 (17)		1:28.24 (20)		1:44.25 (14)		2:00.76 (15)		2:17.17 (15)		2:33.64 (14)		2:49.70 (14)	
11	16.80	12	16.49	13	16.79	14	16.48	15	16.64	16	16.52	17	16.88	18	16.10	19	16.62	20	16.51
3:06.50 (15)		3:22.99 (16)		3:39.78 (16)		3:56.26 (17)		4:12.90 (17)		4:29.42 (17)		4:46.30 (17)		5:02.40 (14)		5:19.02 (16)		5:35.53 (16)	
21	16.96	22	16.09	23	16.74	24	16.83	25	17.25	26	16.49	27	17.22	28	16.10	29	17.14	30	16.22
5:52.49 (16)		6:08.58 (11)		6:25.32 (11)		6:42.15 (13)		6:59.40 (13)		7:15.89 (11)		7:33.11 (12)		7:49.21 (9)		8:06.35 (9)		8:22.57 (9)	
31	16.62	32	16.39	33	16.42	34	16.69	35	15.91	36	15.15	37	15.50	38	15.02	39	15.27	40	15.15
8:39.19 (9)		8:55.58 (9)		9:12.00 (7)		9:28.69 (8)		9:44.60 (4)		9:59.75 (3)		10:15.25 (3)		10:30.27 (3)		10:45.54 (3)		11:00.69 (4)	
41	15.43	42	15.85	43	16.37	44	16.42	45	16.90	46	16.97	47	16.78	48	17.01	49	16.36		15.63
11:16.12 (4)		11:31.97 (4)		11:48.34 (4)		12:04.76 (4)		12:21.66 (4)		12:38.63 (4)		12:55.41 (4)		13:12.42 (4)		13:28.78 (4)			

6 2161 Magnus ØYEN										NOR 26 Apr 07 13:47.10									
1	16.59	2	16.89	3	17.66	4	18.81	5	16.28	6	16.58	7	16.57	8	16.35	9	16.69	10	16.63
16.59 (19)		33.48 (16)		51.14 (8)		1:09.95 (9)		1:26.23 (5)		1:42.81 (5)		1:59.38 (6)		2:15.73 (7)		2:32.42 (8)		2:49.05 (9)	
11	16.62	12	16.68	13	16.69	14	16.27	15	16.41	16	16.51	17	16.78	18	16.51	19	16.81	20	16.45
3:05.67 (9)		3:22.35 (10)		3:39.04 (10)		3:55.31 (8)		4:11.72 (8)		4:28.23 (8)		4:45.01 (8)		5:01.52 (9)		5:18.33 (10)		5:34.78 (10)	
21	16.69	22	16.99	23	16.76	24	16.81	25	16.85	26	16.89	27	17.30	28	16.40	29	17.30	30	16.48
5:51.47 (9)		6:08.46 (10)		6:25.22 (10)		6:42.03 (12)		6:58.88 (9)		7:15.77 (10)		7:33.07 (10)		7:49.47 (11)		8:06.77 (12)		8:23.25 (11)	
31	16.38	32	16.60	33	16.22	34	16.54	35	16.53	36	16.27	37	16.34	38	16.35	39	16.42	40	16.06
8:39.63 (11)		8:56.23 (11)		9:12.45 (10)		9:28.99 (10)		9:45.52 (10)		10:01.79 (10)		10:18.13 (11)		10:34.48 (11)		10:50.90 (11)		11:06.96 (9)	
41	16.82	42	16.50	43	16.48	44	16.43	45	16.67	46	16.18	47	15.67	48	15.71	49	15.29	14.39	
11:23.78 (10)		11:40.28 (10)		11:56.76 (10)		12:13.19 (9)		12:29.86 (9)		12:46.04 (9)		13:01.71 (8)		13:17.42 (8)		13:32.71 (8)			

7 2329 Sebastian LÖRSTAD										SWE 17 Apr 08 13:47.48									
1	16.22	2	16.45	3	18.10	4	17.88	5	16.69	6	16.59	7	16.66	8	16.25	9	16.52	10	16.47
16.22 (14)		32.67 (4)		50.77 (4)		1:08.65 (1)		1:25.34 (1)		1:41.93 (1)		1:58.59 (1)		2:14.84 (1)		2:31.36 (2)		2:47.83 (1)	
11	16.53	12	16.36	13	16.61	14	16.43	15	16.54	16	16.65	17	16.77	18	16.50	19	16.69	20	16.68
3:04.36 (1)		3:20.72 (1)		3:37.33 (1)		3:53.76 (1)		4:10.30 (1)		4:26.95 (1)		4:43.72 (1)		5:00.22 (1)		5:16.91 (1)		5:33.59 (1)	
21	16.83	22	16.62	23	16.72	24	16.93	25	16.91	26	16.80	27	16.85	28	16.88	29	16.98	30	16.49
5:50.42 (1)		6:07.04 (1)		6:23.76 (1)		6:40.69 (1)		6:57.60 (1)		7:14.40 (1)		7:31.25 (1)		7:48.13 (1)		8:05.11 (1)		8:21.60 (1)	
31	16.64	32	16.68	33	16.56	34	16.69	35	16.69	36	16.40	37	16.70	38	16.33	39	16.39	40	16.35
8:38.24 (1)		8:54.92 (3)		9:11.48 (2)		9:28.17 (2)		9:44.86 (5)		10:01.26 (9)		10:17.96 (9)		10:34.29 (9)		10:50.68 (9)		11:07.03 (10)	
41	16.59	42	16.48	43	16.43	44	16.57	45	16.51	46	16.08	47	15.94	48	15.71	49	15.30	14.84	
11:23.62 (9)		11:40.10 (9)		11:56.53 (9)		12:13.10 (8)		12:29.61 (8)		12:45.69 (8)		13:01.63 (7)		13:17.34 (7)		13:32.64 (7)			

8 2055 KURIMURA Ryo										JPN 4 Jul 07 13:48.85									
1	16.01	2	16.81	3	18.17	4	17.68	5	16.83	6	16.67	7	16.62	8	16.25	9	16.51	10	16.86
16.01 (9)		32.82 (7)		50.99 (6)		1:08.67 (2)		1:25.50 (2)		1:42.17 (2)		1:58.79 (2)		2:15.04 (2)		2:31.55 (3)		2:48.41 (3)	
11	16.07	12	16.38	13	16.66	14	16.44	15	16.48	16	16.60	17	16.85	18	16.52	19	16.58	20	16.72
3:04.48 (2)		3:20.86 (2)		3:37.52 (2)		3:53.96 (2)		4:10.44 (2)		4:27.04 (2)		4:43.89 (2)		5:00.41 (2)		5:16.99 (2)		5:33.71 (2)	
21	16.91	22	16.63	23	16.63	24	16.92	25	16.95	26	16.85	27	16.76	28	16.89	29	17.26	30	16.42
5:50.62 (2)		6:07.25 (2)		6:23.88 (2)		6:40.80 (2)		6:57.75 (2)		7:14.60 (2)		7:31.36 (2)		7:48.25 (3)		8:05.51 (3)		8:21.93 (4)	
31	16.43	32	16.80	33	16.90	34	16.70	35	16.54	36	15.65	37	16.33	38	16.12	39	16.16	40	16.45
8:38.36 (3)		8:55.16 (6)		9:12.06 (8)		9:28.76 (9)		9:45.30 (9)		10:00.95 (7)		10:17.28 (8)		10:33.40 (8)		10:49.56 (8)		11:06.01 (8)	
41	16.72	42	16.94	43	16.71	44	16.92	45	16.87	46	16.92	47	16.36	48	16.24	49	15.08	14.08	
11:22.73 (8)		11:39.67 (8)		11:56.38 (8)		12:13.30 (10)		12:30.17 (10)		12:47.09 (10)		13:03.45 (10)		13:19.69 (10)		13:34.77 (9)			

9 2122 Bilal RAGGAD										MAR 11 Jul 07 13:49.09 PB										
1	15.50	2	16.89	3	18.28	4	18.67	5	16.74	6	16.49	7	16.51	8	16.35	9	16.58	10	16.85	
15.50 (2)		32.39 (1)			50.67 (2)		1:09.34 (4)		1:26.08 (4)		1:42.57 (4)		1:59.08 (4)		2:15.43 (4)		2:32.01 (5)		2:48.86 (7)	
11	16.58	12	16.29	13	16.56	14	16.41	15	16.35	16	16.78	17	16.87	18	16.54	19	16.89	20	16.41	
3:05.44 (7)		3:21.73 (5)			3:38.29 (5)		3:54.70 (5)		4:11.05 (5)		4:27.83 (6)		4:44.70 (6)		5:01.24 (7)		5:18.13 (8)		5:34.54 (8)	
21	16.45	22	16.61	23	16.86	24	16.77	25	17.00	26	16.79	27	17.07	28	16.51	29	17.28	30	16.24	
5:50.99 (4)		6:07.60 (4)			6:24.46 (4)		6:41.23 (5)		6:58.23 (5)		7:15.02 (5)		7:32.09 (6)		7:48.60 (5)		8:05.88 (6)		8:22.12 (5)	
31	16.33	32	16.43	33	16.71	34	16.72	35	16.58	36	15.59	37	15.78	38	15.37	39	15.63	40	16.57	
8:38.45 (4)		8:54.88 (2)			9:11.59 (3)		9:28.31 (3)		9:44.89 (6)		10:00.48 (6)		10:16.26 (6)		10:31.63 (5)		10:47.26 (5)		11:03.83 (5)	
41	16.54	42	16.69	43	16.23	44	16.80	45	16.82	46	16.92	47	16.39	48	16.63	49	15.70			16.54
11:20.37 (5)		11:37.06 (6)			11:53.29 (6)		12:10.09 (6)		12:26.91 (6)		12:43.83 (6)		13:00.22 (6)		13:16.85 (6)		13:32.55 (6)			

RACE ANALYSIS 5000m Men - Final

10 2359 Michael KIBET										UGA		12 Dec 09		13:51.02					
1	15.94	2	16.57	3	18.20	4	18.85	5	17.35	6	16.79	7	16.40	8	16.14	9	16.57	10	16.09
	15.94 (7)		32.51 (2)		50.71 (3)		1:09.56 (6)		1:26.91 (7)		1:43.70 (10)		2:00.10 (10)		2:16.24 (10)		2:32.81 (10)		2:48.90 (8)
11	16.64	12	16.44	13	16.55	14	16.42	15	16.37	16	16.47	17	16.76	18	16.41	19	16.73	20	16.30
	3:05.54 (8)		3:21.98 (7)		3:38.53 (6)		3:54.95 (6)		4:11.32 (6)		4:27.79 (5)		4:44.55 (5)		5:00.96 (5)		5:17.69 (5)		5:33.99 (3)
21	16.77	22	16.81	23	16.42	24	17.00	25	17.00	26	16.83	27	16.78	28	16.55	29	17.18	30	16.47
	5:50.76 (3)		6:07.57 (3)		6:23.99 (3)		6:40.99 (3)		6:57.99 (3)		7:14.82 (3)		7:31.60 (3)		7:48.15 (2)		8:05.33 (2)		8:21.80 (2)
31	16.48	32	16.43	33	16.55	34	16.73	35	16.43	36	15.85	37	15.97	38	15.91	39	16.07	40	16.41
	8:38.28 (2)		8:54.71 (1)		9:11.26 (1)		9:27.99 (1)		9:44.42 (2)		10:00.27 (5)		10:16.24 (5)		10:32.15 (6)		10:48.22 (6)		11:04.63 (6)
41	16.55	42	16.48	43	16.51	44	16.62	45	17.25	46	17.22	47	16.97	48	16.58	49	16.22		15.99
	11:21.18 (7)		11:37.66 (7)		11:54.17 (7)		12:10.79 (7)		12:28.04 (7)		12:45.26 (7)		13:02.23 (9)		13:18.81 (9)		13:35.03 (10)		

11 1521 Lucas CHIS										AUS 21 Jun 08 13:51.40 PB									
1	16.46	2	17.28	3	18.53	4	18.44	5	17.52	6	16.89	7	16.14	8	16.37	9	16.12	10	16.15
16.46 (18)		33.74 (19)		52.27 (19)		1:10.71 (18)		1:28.23 (19)		1:45.12 (21)		2:01.26 (18)		2:17.63 (18)		2:33.75 (15)		2:49.90 (15)	
11	16.69	12	16.36	13	16.74	14	16.38	15	16.39	16	16.40	17	16.59	18	16.31	19	16.71	20	16.57
3:06.59 (16)		3:22.95 (15)		3:39.69 (15)		3:56.07 (15)		4:12.46 (13)		4:28.86 (13)		4:45.45 (11)		5:01.76 (11)		5:18.47 (11)		5:35.04 (12)	
21	16.68	22	17.05	23	16.79	24	16.43	25	17.10	26	17.00	27	17.35	28	16.28	29	17.31	30	16.83
5:51.72 (11)		6:08.77 (13)		6:25.56 (13)		6:41.99 (11)		6:59.09 (10)		7:16.09 (14)		7:33.44 (14)		7:49.72 (13)		8:07.03 (14)		8:23.86 (14)	
31	16.47	32	16.21	33	16.43	34	16.27	35	16.39	36	16.23	37	16.17	38	16.32	39	16.38	40	16.72
8:40.33 (12)		8:56.54 (12)		9:12.97 (12)		9:29.24 (11)		9:45.63 (11)		10:01.86 (11)		10:18.03 (10)		10:34.35 (10)		10:50.73 (10)		11:07.45 (11)	
41	16.78	42	16.65	43	16.93	44	16.60	45	16.82	46	17.08	47	16.53	48	16.04	49	14.79		15.73
11:24.23 (11)		11:40.88 (11)		11:57.81 (11)		12:14.41 (11)		12:31.23 (11)		12:48.31 (11)		13:04.84 (11)		13:20.88 (11)		13:35.67 (11)			

12 2392 Juan GONZALEZ										USA 29 May 07 13:59.00									
1	16.18	2	17.05	3	18.31	4	18.70	5	17.45	6	16.99	7	16.59	8	16.53	9	16.44	10	16.03
16.18 (13)		33.23 (12)		51.54 (12)		1:10.24 (14)		1:27.69 (13)		1:44.68 (18)		2:01.27 (19)		2:17.80 (19)		2:34.24 (18)		2:50.27 (17)	
11	16.48	12	16.43	13	16.75	14	16.27	15	16.52	16	16.54	17	16.82	18	16.58	19	16.07	20	16.46
3:06.75 (18)		3:23.18 (17)		3:39.93 (17)		3:56.20 (16)		4:12.72 (16)		4:29.26 (16)		4:46.08 (15)		5:02.66 (15)		5:18.73 (13)		5:35.19 (13)	
21	16.79	22	16.90	23	16.74	24	16.79	25	17.35	26	16.84	27	16.92	28	16.73	29	16.99	30	16.87
5:51.98 (13)		6:08.88 (14)		6:25.62 (14)		6:42.41 (15)		6:59.76 (15)		7:16.60 (15)		7:33.52 (15)		7:50.25 (15)		8:07.24 (15)		8:24.11 (15)	
31	16.60	32	16.80	33	16.69	34	16.57	35	17.04	36	17.63	37	17.65	38	17.16	39	17.27	40	17.44
8:40.71 (15)		8:57.51 (14)		9:14.20 (14)		9:30.77 (13)		9:47.81 (13)		10:05.44 (15)		10:23.09 (15)		10:40.25 (15)		10:57.52 (15)		11:14.96 (15)	
41	17.31	42	17.22	43	17.60	44	17.34	45	16.65	46	16.19	47	15.51	48	16.19	49	14.78	15.25	
11:32.27 (15)		11:49.49 (15)		12:07.09 (15)		12:24.43 (13)		12:41.08 (13)		12:57.27 (13)		13:12.78 (12)		13:28.97 (12)		13:43.75 (12)			

13 1722 Sebastian SMED GRØNKJÆR										DEN		7 Jun 08		13:59.38					
1	15.57	2	17.10	3	18.43	4	18.67	5	17.37	6	16.45	7	15.60	8	16.50	9	15.96	10	16.77
	15.57 (3)		32.67 (5)		51.10 (7)		1:09.77 (8)		1:27.14 (9)		1:43.59 (9)		1:59.19 (5)		2:15.69 (6)		2:31.65 (4)		2:48.42 (4)
11	16.59	12	16.00	13	16.78	14	16.45	15	16.31	16	16.64	17	16.93	18	16.50	19	16.53	20	16.88
	3:05.01 (4)		3:21.01 (3)		3:37.79 (3)		3:54.24 (3)		4:10.55 (3)		4:27.19 (3)		4:44.12 (3)		5:00.62 (3)		5:17.15 (3)		5:34.03 (4)
21	16.98	22	17.25	23	16.58	24	16.88	25	17.53	26	16.78	27	17.07	28	16.58	29	17.01	30	16.95
	5:51.01 (5)		6:08.26 (8)		6:24.84 (8)		6:41.72 (7)		6:59.25 (11)		7:16.03 (12)		7:33.10 (11)		7:49.68 (12)		8:06.69 (11)		8:23.64 (13)
31	16.86	32	16.62	33	17.02	34	16.76	35	17.04	36	17.29	37	17.21	38	17.47	39	17.11	40	17.04
	8:40.50 (13)		8:57.12 (13)		9:14.14 (13)		9:30.90 (14)		9:47.94 (14)		10:05.23 (13)		10:22.44 (13)		10:39.91 (14)		10:57.02 (14)		11:14.06 (13)
41	17.62	42	17.71	43	17.55	44	17.58	45	16.95	46	16.59	47	16.63	48	16.16	49	15.19		13.34
	11:31.68 (13)		11:49.39 (13)		12:06.94 (13)		12:24.52 (14)		12:41.47 (14)		12:58.06 (14)		13:14.69 (14)		13:30.85 (14)		13:46.04 (14)		

14 2178 Edwar Rely MARQUEZ										PER		16 Aug 07		14:00.10		NU20R			
1	16.11	2	16.85	3	18.34	4	18.41	5	17.30	6	16.36	7	16.58	8	16.22	9	16.51	10	16.10
16.11 (11)		32.96 (8)		51.30 (9)		1:09.71 (7)		1:27.01 (8)		1:43.37 (8)		1:59.95 (9)		2:16.17 (9)		2:32.68 (9)		2:48.78 (6)	
11	16.57	12	16.67	13	16.80	14	16.74	15	16.59	16	16.47	17	16.87	18	16.39	19	16.73	20	16.41
3:05.35 (6)		3:22.02 (8)		3:38.82 (8)		3:55.56 (11)		4:12.15 (11)		4:28.62 (11)		4:45.49 (12)		5:01.88 (12)		5:18.61 (12)		5:35.02 (11)	
21	16.71	22	16.91	23	16.85	24	16.73	25	17.39	26	16.09	27	17.11	28	16.47	29	17.28	30	16.46
5:51.73 (12)		6:08.64 (12)		6:25.49 (12)		6:42.22 (14)		6:59.61 (14)		7:15.70 (9)		7:32.81 (9)		7:49.28 (10)		8:06.56 (10)		8:23.02 (10)	
31	16.30	32	16.72	33	16.73	34	16.50	35	16.84	36	16.96	37	16.86	38	17.10	39	17.19	40	17.12
8:39.32 (10)		8:56.04 (10)		9:12.77 (11)		9:29.27 (12)		9:46.11 (12)		10:03.07 (12)		10:19.93 (12)		10:37.03 (12)		10:54.22 (12)		11:11.34 (12)	
41	17.40	42	17.79	43	17.78	44	17.50	45	17.47	46	17.84	47	16.88	48	15.85	49	15.68	14.57	
11:28.74 (12)		11:46.53 (12)		12:04.31 (12)		12:21.81 (12)		12:39.28 (12)		12:57.12 (12)		13:14.00 (13)		13:29.85 (13)		13:45.53 (13)			

RACE ANALYSIS
5000m Men - Final

15 2241 Njabulo HLATSWAYO										RSA	9 Feb 07	14:13.90							
1	16.75	2	17.45	3	18.37	4	18.81	5	16.60	6	16.69	7	16.56	8	16.37	9	16.72	10	16.39
	16.75 (21)		34.20 (22)		52.57 (22)		1:11.38 (22)		1:27.98 (17)		1:44.67 (17)		2:01.23 (17)		2:17.60 (17)		2:34.32 (19)		2:50.71 (20)
11	16.26	12	16.52	13	16.92	14	16.43	15	17.00	16	16.50	17	16.97	18	16.49	19	16.91	20	16.40
	3:06.97 (20)		3:23.49 (20)		3:40.41 (20)		3:56.84 (20)		4:13.84 (21)		4:30.34 (21)		4:47.31 (21)		5:03.80 (21)		5:20.71 (21)		5:37.11 (20)
21	16.59	22	16.69	23	17.16	24	16.68	25	16.80	26	17.01	27	16.98	28	16.81	29	16.81	30	16.57
	5:53.70 (20)		6:10.39 (20)		6:27.55 (20)		6:44.23 (19)		7:01.03 (19)		7:18.04 (19)		7:35.02 (18)		7:51.83 (18)		8:08.64 (17)		8:25.21 (17)
31	16.58	32	16.49	33	16.50	34	16.78	35	16.67	36	17.06	37	17.28	38	17.20	39	17.14	40	17.26
	8:41.79 (16)		8:58.28 (16)		9:14.78 (15)		9:31.56 (15)		9:48.23 (15)		10:05.29 (14)		10:22.57 (14)		10:39.77 (13)		10:56.91 (13)		11:14.17 (14)
41	17.65	42	17.63	43	17.56	44	17.68	45	17.45	46	17.83	47	18.04	48	18.37	49	18.56		18.96
	11:31.82 (14)		11:49.45 (14)		12:07.01 (14)		12:24.69 (15)		12:42.14 (15)		12:59.97 (15)		13:18.01 (15)		13:36.38 (15)		13:54.94 (15)		

16 2377 Jack BIDWELL										USA	13 Mar 07	14:18.90							
1	15.71	2	17.07	3	18.17	4	18.57	5	16.82	6	16.68	7	16.49	8	15.92	9	15.80	10	16.96
	15.71 (5)		32.78 (6)		50.95 (5)		1:09.52 (5)		1:26.34 (6)		1:43.02 (6)		1:59.51 (7)		2:15.43 (5)		2:31.23 (1)		2:48.19 (2)
11	16.78	12	16.82	13	16.84	14	16.83	15	16.76	16	16.62	17	17.01	18	16.92	19	16.47	20	16.84
	3:04.97 (3)		3:21.79 (6)		3:38.63 (7)		3:55.46 (9)		4:12.22 (12)		4:28.84 (12)		4:45.85 (14)		5:02.77 (16)		5:19.24 (17)		5:36.08 (17)
21	16.73	22	16.80	23	16.72	24	16.95	25	17.20	26	17.10	27	16.94	28	17.27	29	17.30	30	17.44
	5:52.81 (17)		6:09.61 (17)		6:26.33 (17)		6:43.28 (17)		7:00.48 (17)		7:17.58 (17)		7:34.52 (17)		7:51.79 (17)		8:09.09 (18)		8:26.53 (18)
31	17.15	32	17.68	33	17.28	34	17.39	35	17.65	36	17.58	37	17.59	38	17.45	39	18.47	40	18.16
	8:43.68 (18)		9:01.36 (18)		9:18.64 (18)		9:36.03 (17)		9:53.68 (17)		10:11.26 (17)		10:28.85 (17)		10:46.30 (17)		11:04.77 (17)		11:22.93 (16)
41	17.65	42	18.02	43	17.74	44	17.87	45	17.57	46	17.69	47	17.12	48	17.43	49	17.03		17.85
	11:40.58 (16)		11:58.60 (16)		12:16.34 (16)		12:34.21 (16)		12:51.78 (16)		13:09.47 (16)		13:26.59 (16)		13:44.02 (16)		14:01.05 (16)		

17 2164 Philip GULBRANDSEN										NOR	24 Jul 07	14:20.18							
1	16.05	2	17.57	3	18.56	4	17.90	5	17.62	6	16.74	7	16.43	8	16.61	9	16.61	10	16.34
	16.05 (10)		33.62 (18)		52.18 (18)		1:10.08 (11)		1:27.70 (14)		1:44.44 (16)		2:00.87 (16)		2:17.48 (16)		2:34.09 (17)		2:50.43 (18)
11	16.31	12	16.50	13	16.98	14	16.34	15	16.61	16	16.62	17	16.83	18	16.60	19	16.66	20	16.82
	3:06.74 (17)		3:23.24 (18)		3:40.22 (18)		3:56.56 (18)		4:13.17 (18)		4:29.79 (19)		4:46.62 (19)		5:03.22 (19)		5:19.88 (19)		5:36.70 (19)
21	16.58	22	17.00	23	17.08	24	17.19	25	17.37	26	17.28	27	17.54	28	17.62	29	17.61	30	17.49
	5:53.28 (19)		6:10.28 (19)		6:27.36 (19)		6:44.55 (20)		7:01.92 (20)		7:19.20 (20)		7:36.74 (20)		7:54.36 (20)		8:11.97 (20)		8:29.46 (20)
31	17.52	32	17.71	33	17.78	34	17.98	35	17.65	36	17.92	37	17.68	38	18.04	39	17.93	40	17.62
	8:46.98 (20)		9:04.69 (20)		9:22.47 (20)		9:40.45 (20)		9:58.10 (20)		10:16.02 (19)		10:33.70 (19)		10:51.74 (19)		11:09.67 (18)		11:27.29 (18)
41	17.64	42	17.47	43	17.41	44	17.73	45	17.62	46	17.72	47	16.94	48	17.41	49	16.74		16.21
	11:44.93 (18)		12:02.40 (18)		12:19.81 (17)		12:37.54 (17)		12:55.16 (17)		13:12.88 (17)		13:29.82 (17)		13:47.23 (17)		14:03.97 (17)		

18 2356 Solomon ANDIEMA										UGA	15 Apr 08	14:26.01							
1	16.26	2	16.96	3	18.55	4	18.57	5	17.25	6	16.51	7	16.34	8	16.33	9	16.37	10	16.17
	16.26 (15)		33.22 (11)		51.77 (14)		1:10.34 (15)		1:27.59 (12)		1:44.10 (13)		2:00.44 (12)		2:16.77 (13)		2:33.14 (12)		2:49.31 (12)
11	16.70	12	16.44	13	16.68	14	16.41	15	16.34	16	16.54	17	16.82	18	16.37	19	16.60	20	16.51
	3:06.01 (12)		3:22.45 (11)		3:39.13 (11)		3:55.54 (10)		4:11.88 (9)		4:28.42 (10)		4:45.24 (10)		5:01.61 (10)		5:18.21 (9)		5:34.72 (9)
21	16.87	22	16.78	23	16.68	24	16.88	25	17.35	26	16.80	27	17.26	28	16.39	29	17.19	30	16.67
	5:51.59 (10)		6:08.37 (9)		6:25.05 (9)		6:41.93 (10)		6:59.28 (12)		7:16.08 (13)		7:33.34 (13)		7:49.73 (14)		8:06.92 (13)		8:23.59 (12)
31	17.00	32	16.94	33	17.66	34	17.93	35	18.60	36	18.69	37	18.44	38	17.37	39	18.54	40	18.56
	8:40.59 (14)		8:57.53 (15)		9:15.19 (16)		9:33.12 (16)		9:51.72 (16)		10:10.41 (16)		10:28.85 (16)		10:46.22 (16)		11:04.76 (16)		11:23.32 (17)
41	18.92	42	19.09	43	18.62	44	17.94	45	17.84	46	17.84	47	17.99	48	18.08	49	18.36		18.01
	11:42.24 (17)		12:01.33 (17)		12:19.95 (18)		12:37.89 (18)		12:55.73 (18)		13:13.57 (18)		13:31.56 (18)		13:49.64 (18)		14:08.00 (18)		

19 2003 Alessandro SANTANGELO										ITA	28 Jan 08	14:29.94							
1	15.60	2	16.93	3	18.11	4	18.25	5	16.80	6	16.70	7	16.48	8	16.38	9	17.03	10	16.96
	15.60 (4)		32.53 (3)		50.64 (1)		1:08.89 (3)		1:25.69 (3)		1:42.39 (3)		1:58.87 (3)		2:15.25 (3)		2:32.28 (7)		2:49.24 (11)
11	16.72	12	16.59	13	16.76	14	16.48	15	16.74	16	16.64	17	17.01	18	16.89	19	16.67	20	16.59
	3:05.96 (11)		3:22.55 (12)		3:39.31 (12)		3:55.79 (13)		4:12.53 (14)		4:29.17 (15)		4:46.18 (16)		5:03.07 (18)		5:19.74 (18)		5:36.33 (18)
21	16.69	22	16.87	23	16.94	24	16.75	25	17.27	26	17.03	27	17.45	28	17.34	29	17.60	30	17.64
	5:53.02 (18)		6:09.89 (18)		6:26.83 (18)		6:43.58 (18)		7:00.85 (18)		7:17.88 (18)		7:35.33 (19)		7:52.67 (19)		8:10.27 (19)		8:27.91 (19)
31	17.83	32	17.98	33	18.02	34	18.06	35	18.28	36	18.06	37	17.85	38	18.13	39	18.17	40	18.45
	8:45.74 (19)		9:03.72 (19)		9:21.74 (19)		9:39.80 (19)		9:58.08 (19)		10:16.14 (20)		10:33.99 (20)		10:52.12 (20)		11:10.29 (19)		11:28.74 (19)
41	18.61	42	18.62	43	18.30	44	18.37	45	17.96	46	18.15	47	18.04	48	17.98	49	17.53		17.64
	11:47.35 (19)		12:05.97 (19)		12:24.27 (19)		12:42.64 (19)		13:00.60 (19)		13:18.75 (19)		13:36.79 (19)		13:54.77 (19)		14:12.30 (19)		

RACE ANALYSIS

5000m Men - Final

20 1930 Bertold KALÁSZ HUN 28 Mar 07 14:35.89

1	15.46	2	17.62	3	18.83	4	18.86	5	17.61	6	16.78	7	16.55	8	16.62	9	16.68	10	16.03
	15.46 (1)		33.08 (10)		51.91 (16)		1:10.77 (19)		1:28.38 (21)		1:45.16 (22)		2:01.71 (22)		2:18.33 (22)		2:35.01 (22)		2:51.04 (22)
11	16.31	12	16.54	13	17.01	14	16.48	15	16.59	16	16.94	17	16.81	18	16.85	19	16.78	20	17.00
	3:07.35 (22)		3:23.89 (22)		3:40.90 (22)		3:57.38 (22)		4:13.97 (22)		4:30.91 (22)		4:47.72 (22)		5:04.57 (22)		5:21.35 (22)		5:38.35 (22)
21	17.46	22	17.21	23	17.48	24	17.93	25	18.09	26	17.92	27	17.89	28	18.29	29	18.43	30	18.13
	5:55.81 (22)		6:13.02 (22)		6:30.50 (22)		6:48.43 (22)		7:06.52 (22)		7:24.44 (22)		7:42.33 (22)		8:00.62 (22)		8:19.05 (22)		8:37.18 (22)
31	18.03	32	17.89	33	18.39	34	18.54	35	18.58	36	18.70	37	18.17	38	18.63	39	18.93	40	18.60
	8:55.21 (22)		9:13.10 (22)		9:31.49 (22)		9:50.03 (22)		10:08.61 (22)		10:27.31 (22)		10:45.48 (22)		11:04.11 (22)		11:23.04 (22)		11:41.64 (22)
41	18.58	42	18.39	43	17.97	44	17.90	45	17.87	46	17.53	47	17.87	48	17.01	49	16.36		14.77
	12:00.22 (22)		12:18.61 (22)		12:36.58 (22)		12:54.48 (22)		13:12.35 (22)		13:29.88 (22)		13:47.75 (22)		14:04.76 (22)		14:21.12 (20)		

21 1966 Cillian GLEESON IRL 15 Feb 07 14:38.01

1	15.82	2	17.43	3	18.64	4	18.57	5	17.51	6	17.02	7	16.57	8	16.60	9	16.68	10	16.06
	15.82 (6)		33.25 (13)		51.89 (15)		1:10.46 (16)		1:27.97 (16)		1:44.99 (20)		2:01.56 (21)		2:18.16 (21)		2:34.84 (21)		2:50.90 (21)
11	16.25	12	16.51	13	16.96	14	16.56	15	16.52	16	16.57	17	16.83	18	16.65	19	16.74	20	16.86
	3:07.15 (21)		3:23.66 (21)		3:40.62 (21)		3:57.18 (21)		4:13.70 (20)		4:30.27 (20)		4:47.10 (20)		5:03.75 (20)		5:20.49 (20)		5:37.35 (21)
21	16.96	22	17.17	23	17.38	24	17.69	25	17.85	26	17.83	27	17.91	28	18.00	29	18.22	30	18.10
	5:54.31 (21)		6:11.48 (21)		6:28.86 (21)		6:46.55 (21)		7:04.40 (21)		7:22.23 (21)		7:40.14 (21)		7:58.14 (21)		8:16.36 (21)		8:34.46 (21)
31	18.21	32	18.30	33	18.52	34	18.43	35	18.34	36	18.58	37	18.61	38	18.72	39	18.69	40	18.83
	8:52.67 (21)		9:10.97 (21)		9:29.49 (21)		9:47.92 (21)		10:06.26 (21)		10:24.84 (21)		10:43.45 (21)		11:02.17 (21)		11:20.86 (21)		11:39.69 (21)
41	18.77	42	18.55	43	18.16	44	18.01	45	17.43	46	16.97	47	18.06	48	17.91	49	17.62		16.84
	11:58.46 (21)		12:17.01 (21)		12:35.17 (21)		12:53.18 (21)		13:10.61 (21)		13:27.58 (21)		13:45.64 (21)		14:03.55 (20)		14:21.17 (21)		

22 1519 Charles BARRETT AUS 23 May 07 14:43.17

1	16.41	2	17.37	3	18.62	4	17.83	5	17.86	6	16.89	7	16.43	8	16.56	9	16.55	10	16.07
	16.41 (17)		33.78 (20)		52.40 (20)		1:10.23 (13)		1:28.09 (18)		1:44.98 (19)		2:01.41 (20)		2:17.97 (20)		2:34.52 (20)		2:50.59 (19)
11	16.34	12	16.52	13	16.85	14	16.48	15	16.62	16	16.24	17	16.96	18	16.35	19	15.99	20	16.54
	3:06.93 (19)		3:23.45 (19)		3:40.30 (19)		3:56.78 (19)		4:13.40 (19)		4:29.64 (18)		4:46.60 (18)		5:02.95 (17)		5:18.94 (15)		5:35.48 (15)
21	16.76	22	17.03	23	16.83	24	16.39	25	17.64	26	16.84	27	16.97	28	16.73	29	17.14	30	17.22
	5:52.24 (15)		6:09.27 (16)		6:26.10 (16)		6:42.49 (16)		7:00.13 (16)		7:16.97 (16)		7:33.94 (16)		7:50.67 (16)		8:07.81 (16)		8:25.03 (16)
31	17.27	32	17.53	33	18.16	34	18.38	35	18.17	36	18.78	37	19.20	38	19.08	39	19.11	40	19.31
	8:42.30 (17)		8:59.83 (17)		9:17.99 (17)		9:36.37 (18)		9:54.54 (18)		10:13.32 (18)		10:32.52 (18)		10:51.60 (18)		11:10.71 (20)		11:30.02 (20)
41	19.47	42	19.65	43	19.27	44	19.19	45	19.07	46	18.88	47	19.18	48	19.60	49	19.14		19.70
	11:49.49 (20)		12:09.14 (20)		12:28.41 (20)		12:47.60 (20)		13:06.67 (20)		13:25.55 (20)		13:44.73 (20)		14:04.33 (21)		14:23.47 (22)		

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